

YYHI Rec Rules

Article IV: General

Section 1: Mission Statement

The primary mission of YYHI shall be to promote, develop and install fundamentally sound skills, sportsmanship, fair play, and team unity in Yuma's dedicated youth athletes in the sport of hockey.

Section 2: Rules and Regulations of the Game:

YYHI will follow the rules and regulations as provided by an approved National Organization. Any changes made to the rules and regulation will be approved by the Board of Directors before the playing season starts. A list of changes will be reviewed by the referees and coaches at a scheduled meeting before the season starts.

A. *Playing Time:* The coach will make every effort to ensure that all players will receive equal playing time. If the number of players on the bench is correct (i.e., 2 exact lines), then the players are to play in regular alternating shifts. If the numbers on the bench make this impossible, the following rules will apply:

No player will play less than 1/3 of a game.

No player will play more than 2/3 of a game.

*This rule does not apply to goalies.

The only exceptions to this rule are:

1. Injury or illness;
2. Disciplinary reasons (reason for action must be noted on score sheet prior to game start);
3. Short-handed teams.

Coaches in the Mites Division will match lines to the skill level of the opposing team's lines (i.e., a weaker line vs a weaker line, a strong line vs a strong line). Mites coaches will be allowed on the rink for the two practices games.

B. *Positions:* Coaches should rotate team members in as many playing positions as possible to allow them to learn the game. However, positioning of players is at the discretion of the head coach.

C. *Registration:* Player membership in YYHI is acknowledged only after the player has registered and required fee has been paid. All teams are final as of the date of the draft. No late registrations will be accepted.

However, the Board may consider late registration for player(s) who have never played for YYHI up to the 7th day post draft. Following this date, no additional players will be added.

- D. *False Registration:* Any players who is illegally registered will be suspended pending Board review. "Illegally registered" includes, but is not limited to, providing a false birth certificate.
- E. *Player Safety:* No player will be allowed to play if they are wearing anything that could cause injury to themselves or other players. No player will be allowed to play with any type of orthopedic cast (exception Rule 305(d) of USA Hockey Inline Rules). No player with an injury that may be aggravated by playing, or that may endanger others, will be allowed to play.
- F. *Practice:* Coaches are to practice no more than three hours per week after the regular season begins. Player conduct at practices is subject to the same standard as listed above.
- G. *Equipment Requirements:*
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| Mandatory: | HECC approved Hockey Helmet with full attached face guard and chin guard
Mouth Guard
Shin/Knee Guards
Hockey Gloves
Elbow Pads
Skates for roller hockey (no brakes)
Hockey Stick (no plastic blades)
Athletic supporter and cup for boys |
| Optional: | Shoulder and Chest Pads, pelvic protection for girls |
- H. *Ejections:* Any player, coach, spectator, or referee may be ejected from a game and future games for the following reasons:
1. Serious physical play or physical assault directed at another player, coach, spectator, or referee.
 2. Any foul language or obscene gestures used or directed at another player, coach, spectator, or referee.
 3. Any violations that warrant ejection under the league approved rulebook.
 4. Any second ejection would require the participant to go before the Board to petition for reinstatement.

Excessive Penalties- If a player has received 3 penalties within one game, there will be an automatic removal of that player from the remainder of the game. This player will be removed from the game and escorted to the dressing area after he/she serves the penalty.

This rule supports our Mission statement which is to promote both fair play and sportsmanship among our players at all age and skill levels, regardless of the skill level of the player or opponent.

Section 3: Coaches

All coaches must provide full name, birthdate, and SS# for use in background screenings.

Any coach who violates the Rules and Regulations is subject to disciplinary action by the Board up to and including suspension and/or removal.

Section 4: Uniforms

Uniforms purchased by YYHI will be of like construction purchased from a Board approved supplier. Only the player number and sponsor information will be printed on player uniforms. No player names will be printed on the uniforms. Any league member making any alterations to league uniforms will be required to replace the uniform at their expense. Uniforms should only be worn during scheduled games. Players that do not have their uniforms for game time may be provided an appropriate uniform to wear.

Section 5: Draft

A player draft will be completed prior to start of playing season. Rules for the draft will be reviewed with all coaches prior to the draft (See Article V, Sections 1-4).

Section 6: Rosters

- A) Teams will consist of no more than 14 players
- B) No changes to the team rosters will be made unless they are reviewed and approved for a $\frac{3}{4}$ majority of YYHI Board Members.